

# ClaryCalm®

Monthly Blend for Women 10 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CP** **TG** Certified Pure Therapeutic Grade®

## Application:



## Ingredients:

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Cedarwood Wood, Ylang Ylang Flower, Geranium Plant, Fennel Seed, Carrot Seed, Palmarosa Herb, and Vitex Leaf/Berry essential oils.

**Aromatic Description:** Floral, herbal, coniferous

## PRIMARY BENEFITS

- Provides a soothing and calming effect during a woman's menstrual cycle
- Calming aroma helps soothe and balance heightened emotions.
- Helps balance mood throughout the month

## PRODUCT DESCRIPTION

ClaryCalm is a proprietary blend of essential oils that provides a soothing and calming effect during a woman's menstrual cycle. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex, ClaryCalm provide a cooling effect to the skin and help balance emotions.

## USES

- During your menstrual cycle, apply to abdomen to experience a soothing and calming massage.
- During moments of heat, apply to the skin for a cooling, soothing effect.
- Diffuse for a calming aroma that helps soothe heightened emotions.

## DIRECTIONS FOR USE

**Topical use:** Apply topically to the back of the neck, on temples, and bottoms of feet. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

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**Price: \$32.67**

